

<b>Under 16 Dates</b>	<b>Session 1</b>	<b>Under 16 Dates</b>	<b>Session 2</b>	<b>Session</b>	<b>Activites/Drills</b>
<b>Sundays</b>	<b>2020</b>	<b>Sundays</b>	<b>2020</b>	<b>Scheduled</b>	<b>Description</b>
22nd March	4-5pm	22nd March	4-5pm	Academy Intro - Goals & Expectations	Player Expectations/Gillespie Expectations/watch Motivational video
5th April	4-5pm	5th April	4-5pm	Strength and Conditioning session.	It's important to be strong.
26th April	2-4pm	26th April	3.30-5.30pm	Net Session to identify major weaknesses in techniques of each batter/bowler	This session will help us to identify what it is that makes your game tick and what is holding you back.
10th May	2-4pm	10th May	3.30-5.30pm	Net Session to identify major weaknesses in techniques of each batter/bowler	This session will help us to identify what it is that makes your game tick and what is holding you back.
24th May	2-4pm	24th May	3.30-5.30pm	Net Session to identify major weaknesses in techniques of each batter/bowler	This session will help us to identify what it is that makes your game tick and what is holding you back.
14th June	3-4pm	14th June	4-5pm	Fielding/Keeping	Catches win matches!
28th June	2-4pm	28th June	3.30-5.30pm	Batting and Bowling group sessions	A refresher class to make sure you have nailed that weakness
12th July	4-5pm	12th July	4-5pm	Surprise	Turn up to see what it is!
26th July	2-4pm	26th July	3.30-5.30pm	Batting and Bowling group sessions	A refresher class to make sure you have nailed that weakness
9th Aug	2-4pm	9th Aug	3.30-5.30pm	T20 Fun	It's a chance to express yourselves!
23rd Aug	2-3.30pm	23rd Aug	3.30-5pm	A net session to test your fitness!	Only if you push yourself!
6th Sept	2-4pm	6th Sept	3.30-5.30pm	Season is getting closer	How far have you come?
20th Sept	2-4pm	20th Sept	3.30-5.30pm	Final hit out for the program	Let's see how your techniques hold up.