

<b>Under 16 Dates</b>	<b>Session 1</b>	<b>Under 16 Dates</b>	<b>Session 2</b>	<b>Session</b>	<b>Activites/Drills</b>
<b>Sundays</b>	<b>2019</b>	<b>Sundays</b>	<b>2019</b>	<b>Scheduled</b>	<b>Description</b>
31st March	4-5pm	31st March	4-5pm	Academy Intro - Goals & Expectations	Player Expectations/Gillespie Expectations/watch Motivational video
14th April	4-5pm	14th April	4-5pm	Strength and Conditioning session.	Need to be strong
28th April	2-4pm	28th April	3.30-5.30pm	Net Session to identify major weaknesses in techniques of each batter/bowler	This session will help us to identify what it is that makes your game tick and what is holding you back.
12th May	2-4pm	12th May	3.30-5.30pm	Net Session to identify major weaknesses in techniques of each batter/bowler	This session will help us to identify what it is that makes your game tick and what is holding you back.
26th May	2-4pm	26th May	3.30-5.30pm	Net Session to identify major weaknesses in techniques of each batter/bowler	This session will help us to identify what it is that makes your game tick and what is holding you back.
2nd June	5-6pm	2nd June	5-6pm	Fielding/Keeping	Catches win matches!
23rd June	2-4pm	23rd June	3.30-5.30pm	Batting and Bowling group sessions	A refresher class to make sure you have nailed that weakness
7th July	4-5pm	7th July	4-5pm	Surprise	Turn up to see what it is!
21st July	2-4pm	21st July	3.30-5.30pm	Batting and Bowling group sessions	A refresher class to make sure you have nailed that weakness
4th August	2-4pm	4th August	3.30-5.30pm	T20 Fun	It's a chance to express yourselves!
18th August	2-3.30pm	18th August	3.30-5pm	A net session to test your fitness!	Only if you push yourself!
1st September	2-4pm	1st September	3.30-5.30pm	Season is getting closer	How far have you come?
15th September	2-4pm	15th September	3.30-5.30pm	Final hit out for the program	Let's see how your techniques hold up.